

# THE DISRUPTOR

TRUTH = FREEDOM

## WELCOME TO THE DISRUPTOR

To be a disruptor in business is to create a product, service, or way of doing things which displaces the existing market leaders and eventually replaces them at the helm of the sector. [the disruptor]

LESS TALK MORE ACTION



# ERROL McKELLAR

## FROM MECHANIC TO MBE

by SSS

**E**rrol is remarkable. Since surviving prostate cancer, he has transformed himself from patient to preacher urging men to 'man up' and get themselves checked because ignorance is not bliss. Errol would like prostate cancer checks for men to become as routine as smear tests are for women. Now the fearless advocate, Errol has amassed a number of accolades, including carrying the Olympic torch in 2012, being given the 'Points of Light' award by the former Prime Minister Theresa May in 2015 and being included in the Queen's Birthday Honours list and made a 'Member of the British Empire' [MBE] in June 2020.



and night. Albeit a few years later, he still had the same steely look of determination that he was going to fix 'that prostate'. This was big inspiration for me.

### How did the mobile testing van idea originate?

First some statistics: 1 in 12 Asian men, 1 in 8 European men and 1 in 4 African-Caribbean men are likely to die from prostate cancer. The odds increase if there is a history of prostate cancer and breast cancer in their family.

African-Caribbean men are known to resist the invasive rear passage procedure and I desperately sought a solution to the problem. One day my wife asked if her car broke down, what would I do? I would of course go out with my recovery truck to fix her car. So we decided to bring the hospital to the men. With modern technology detecting cancerous cells is straightforward - this mobile van would allow men to take a simple 10 minute PSA [Prostate Specific Antigen] blood test and get their results within 35-40 minutes. It will work like a traffic light system: green = all is ok; orange = beware, you may need further monitoring and red = you need urgent investigation. Our focus is to get the mobile testing van on the road this year, starting in Essex and London, and eventually rolling out the system nationwide.

### Contact us at:

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# MEN! MOT YOURSELF

The Errol McKellar Foundation  
MOT YOURSELF campaign  
MOTYOURSELF.org.uk



Errol McKellar FOUNDATION  
NIPON LAM DESIGN

CONCEPT DESIGN (NOT A FINALISED DESIGN OR MESSAGES).

Errol McKellar FOUNDATION

### When did your journey with prostate cancer start?

I founded 'The Errol McKellar Foundation' after being diagnosed in 2010 during a visit to the hospital for a snoring issue. While waiting to see the doctor, I read a leaflet about prostate cancer and took a blood test on the spot. I needed further tests, scans and a biopsy which revealed that my prostate was covered in cancer, unbeknown to me. Without the diagnosis I would have been dead within six months. I was off work for 6 gruelling months which included radical surgery and 3 months of radiotherapy.

### Now a Prostate cancer advocate, what keeps you determined to knock down barriers?

In 2013, after giving a hygiene health talk at a local school followed by a talk on prostate issues, a 6 year old young boy said, 'sir, when I grow up I am going to fix that prostate'. A few years later, I encountered him again when his mother thanked me saying her son delighted in reading morning

